



Weekly MCRUD Resources

Week of June 27, 2016

- **2015 Monitoring the Future Survey**

- This new study on American secondary schools reports and interprets trends over the past 40 years (from 1975-2015) in adolescent use of a host of licit and illicit substances, as well as in key attitudes, beliefs, age of initiation, exposure to use, and perceived availability. It also has chapters on special topics, including long-term use of marijuana, sources of prescription drugs, and legal use of amphetamine and non-amphetamine stimulants for the treatment of ADHD. A download of Volume I of the study is available: http://monitoringthefuture.org/pubs/monographs/mtf-vol1_2015.pdf
- In addition to Volume I, *Occasional Paper 86* graphically charts trends through 2015 in use for many key demographic subgroups defined by gender, college plans, region, population density, SES, and race/ethnicity. It covers a host of substances and is available at <http://monitoringthefuture.org/pubs/occpapers/mtf-occ86.pdf>.

- **The Pew Charitable Trusts: Stateline**

- [*Where Drinking, Drugs and Alzheimer's Are Disproportionately Fatal*](#)
New research presents the most likely cause of death by each state. Drinking is more likely to be the cause of death in much of the Southwest than in other parts of the country. States like New Mexico have created more targeted alcohol-use reduction plans as a response. Follow the link to read about each state's death rates and how they are seeking to improve statistics.

- **SAMSHA**

- **Know your rights under the Parity for Mental Health and Addiction Equity Act:**
A new resource helps individuals understand their rights and benefits for mental health and substance use disorders. An online printable and downloadable pamphlet can be found [here](#).

- **Effectiveness Bank Drug and Alcohol Findings & Analysis**

- ***Minimum pricing for alcohol targets harm better than raising taxes:***
Whether alcohol tax rises would be an acceptable and effective alternative could determine the legality under EU law of minimum alcohol pricing in Scotland. This analysis predicts tax rises would curb consumption and save lives, but also hit the pockets of non-harmful drinkers. Read the research analysis [here](#).
- ***Housing first helps reduce drinking but not drug use:***
Housing first interventions give immediate and stable accommodation for homeless people with mental health and substance use problems. Over 24 months in Canada, housing first contributed to reductions in drinking problems, but did not have an impact on drug use problems. Read the research analysis [here](#).

- **Upcoming Events Calendar**

July 28-29 – Northwest Alcohol Policy Conference, Boise, Idaho

September 19-20 – Substance Use/Co Occurring Disorders Conference

October 13 – 24th Annual Parenting Awareness Michigan Conference, Marquette

November 18 – 24th Annual Parenting Awareness Michigan Conference, East Lansing