



## Weekly MCRUD Resources

Week of September 5, 2016

- **Michigan Association of CMH Boards 2016 Annual Fall Conference**

- Hear presentations by speakers including MDHHS Director Nick Lyon at this year's annual fall conference, entitled "Creating Connections: Consumer Focus." It takes place at the Grand Traverse Resort in Traverse City, Michigan, and features the following keynote presentations:
  - State Legislative Panel - Key Policy Issues Facing Michigan
  - Panel Discussion – Direct Support Workforce Challenges
  - Key Issues Update from Michigan Department of Health and Human Services
  - The Importance of Belonging
- To register, click here: <https://www.macmhb.org/2016-macmhb-fall-conference>

- **Centers for Disease Control and Prevention: Data on Health Risks of Lesbian, Gay, and Bisexual (LGB) High School Students**

- The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of priority health-related behaviors among youth and young adults: 1) behaviors that contribute to unintentional injuries and violence; 2) tobacco use; 3) alcohol and other drug use; 4) sexual behaviors related to unintended pregnancy and sexually transmitted infections, including human immunodeficiency virus infection; 5) unhealthy dietary behaviors; and 6) physical inactivity. This YRBS report summarizes results for 118 health-related behaviors plus obesity, overweight, and asthma by sexual identity and sex of sexual contacts from the 2015 national survey, 25 state surveys, and 19 large urban school district surveys conducted among students in grades 9–12. The results show clear differences between heterosexual and LGB populations in violence, tobacco use, alcohol and other drug use, and sexual risk behaviors; this report documents that sexual minority students have a higher prevalence of many health-risk behaviors compared with nonsexual minority students. View the complete study [here](#).

- **SAMHSA: The CBHSQ Report**

- A new study analyzes trends in perception of risk and availability of substance use among full-time college students. Historically, an individual's perception of the risks associated with substance use has been an important determinant of whether he or she engages in substance use. This issue of [The CBHSQ Report](#) presents estimates of young adults aged 18 to 22 regarding their reported substance use in the past month, their perception of how easily obtainable each substance is (and whether or not they had been approached in the last month to buy drugs), and their perception of risk across various types of substance use. The study compares full-time college students between the ages of 18-22 with their same-aged peers who are not full-time college students. It also examines trends between 2002 and 2014.

- **Upcoming Events Calendar**

September 19-20: Substance Use/Co Occurring Disorders Conference  
October 13: 24<sup>th</sup> Annual Parenting Awareness Michigan Conference, Marquette  
October 24-25: Michigan Association of CMH Boards 2016 Annual Fall Conference, Traverse City  
October 25: 14th Annual Keys to Addiction Conference, 8:00 a.m. - 2:30 p.m.  
November 18: 24<sup>th</sup> Annual Parenting Awareness Michigan Conference, East Lansing