



## Monday MCRUD Resources

Week of April 11, 2016

- **Department of Education/Prevention News Digest**
  - **A child's first eight years critical for substance abuse prevention**

An online guide about interventions in early childhood that can help prevent drug use and other unhealthy behaviors was launched Monday, March 14, 2016 by the National Institute on Drug Abuse (NIDA), part of the National Institutes of Health at the U.S. Department of Health and Human Services. The guide offers research-based principles that affect a child's self-control and overall mental health, starting during pregnancy through the eighth year of life. It recognizes that while substance use generally begins during the teen years, it has known biological, psychological, social, and environmental roots that begin even before birth.

[Principles of Substance Abuse Prevention for Early Childhood](#) addresses the major influences on a child's early development such as lack of school readiness skills, insecure attachment issues, and signs of uncontrolled aggression in childhood behaviors. Special attention is given to a child's most vulnerable periods during sensitive transitions, such as a parents' divorce, moving to a new home, or starting school. There is strong evidence that a stable home environment, adequate nutrition, physical and cognitive stimulation, and supportive parenting can lead to good developmental outcomes.

[Principles of Substance Abuse Prevention for Early Childhood](#) is the fourth in a series of evidence-based principles produced by NIDA, including: [Principles of Drug Addiction Treatment](#); [Principles of Adolescent Substance Use Disorder Treatment](#); and [Principles of Drug Abuse Treatment for Criminal Justice Populations](#). The guide concludes with a list of selected resources with information on research-based early childhood drug use prevention programs

- **[SAMHSA Headlines](#) (Click the hyperlink for the full newsletter)**
  - Funding Opportunity Articles
    - 1- [Up to \\$15.9 Million Available in Sober Truth on Preventing Underage Drinking Act \(STOP Act\) Grants](#)
    - 2- [Up to \\$75 Million Available in Grants for the National Child Traumatic Stress Initiative – Category II Treatment and Service Adaptation Centers](#)
    - 3 - [Up to \\$33 Million Available in Grants To Provide Substance Use Disorder Treatment to Minority Women at High Risk for HIV/AIDS](#)
  - Data-related articles
    - 1 - [Availability of Payment Assistance for Mental Health Services in U.S. Mental Health Treatment Facilities](#)

2 - [1 in 10 Older Adolescents Are Current Smokers](#)

3 - [2015 National Directory of Drug and Alcohol Abuse Treatment Facilities](#)

○ Resources

1 - [Talking With Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks \(Spanish\)](#)

2 - [How To Cope With Sheltering in Place \(Spanish\)](#)

● [SAMHSA: CAPT on the Web](#) (Click the hyperlink for the full newsletter)

○ **[New Prevention Collaboration in Action Toolkit Features Stories of Success.](#)** On February 1, the CAPT launched its new online *Prevention Collaboration in Action* toolkit. This online, interactive toolkit brings to life the complex and multifaceted topic of collaboration, highlighting important "lessons learned" and providing a wealth of resources and worksheets to support practitioners in building and sustaining their own collaborative efforts.

○ **[Media Messaging to Reduce Opioid Misuse and Abuse: Selected Examples from the Northeast.](#)** Strategies range from public service announcements that encourage safe disposal of unused prescription drugs to state-wide social media campaigns aimed at reducing stigma.

○ **[New CDC Guidelines for Prescribing Opioids for Chronic Pain.](#)** Released earlier this month in the *MMWR Early Release* (Volume 65), the new guidance provides recommendations for primary care providers who are prescribing opioids for chronic pain outside of active cancer treatment, palliative care, and end-of-life care.

○ **[Principles of Substance Abuse for Early Childhood: A Research-based Guide.](#)** This new online guide from the National Institute on Drug Abuse recognizes that while substance use generally begins during the teen years, its biological, psychological, social, and environmental roots begin even before birth.

○ Upcoming Events

▪ **[17th Alcohol Policy Conference.](#)** April 6-8, 2016. Washington, DC.

▪ **[Society for Prevention Research 24th Annual Meeting.](#)** May 31-June 3, 2016. San Francisco, CA.

▪ **[2016 NASADAD Annual Meeting.](#)** Save the Date: June 8-10, 2016. Salt Lake City, Utah.