



MCRUD Steering Committee MINUTES
 Tuesday, January 22, 2013
 10:00 AM - 12:00 AM
 Prevention Network Office
 3815 W. St. Joseph Street, Suite C100, Lansing
 Call in number: 877-384-8838
 Passcode: 5173936890

I. Call to order & introductions

- Janine Kravetz – Sacred Heart Rehabilitation Center
- Victor Braatz – Recovery Network, Inc
- Mike Tobias – Prevention Network
- Ken Dail – Prevention Network
- Tom Fox – Crossroads United Methodist Church
- Danyelle Maitland – Substance Abuse Council
- Milton Lamb – Prevention Network volunteer
- *Ashley Bergeon – St. Joseph Task Force
- *Angie Gullekson – Oakland County Health Department
- *Mike Rogers – Little Traverse Bay Band of Odawa Indians
- *Arlene Naganashe – Little Traverse Bay Band of Odawa Indians
- *Angie Woodin – Little Traverse Bay Band of Odawa Indians
- *Brenda Schoolcraft – Little Traverse Bay Band of Odawa Indians
- *Linda Zott – CARE of Southeastern Michigan
- *Mark Kilgore – CARE of Southeastern Michigan
- *E.J. McAndrew – Woodlands Behavioral Healthcare Network/C.A.S.S.
- *Sarah Derwin – Marquette County Health Department/
- *Angela Wilson – City of Detroit Department of Health and Wellness Promotion Bureau of Substance Abuse, Prevention, Treatment and Recovery
- *Lisa Coleman – Genesee County Community Mental Health Authority

Approval of agenda – motion by Tom Fox; seconded by EJ McAndrew; unanimously approved.

- II. **Approval of November and December minutes** - motion by EJ to approve November minutes; seconded by Ashley; unanimously. Motion by Ken to approve December minutes; seconded by EJ; unanimously approved.

III. Special Presentation by: Victor Braatz, Recovery Network, Inc

Topic: Pathways to Recovery/SMART Teen

See powerpoint presentations entitled “Intro to SMART Recovery” and “Mutual Aid Groups.” The website, www.smartrecovery.org has a lot of tools, resources, homework sheets, etc... In Michigan there are 24 SMART Recovery groups. A SMART Recovery training is coming up in May 2013. SMART Recovery works for a lot of different behaviors with different age groups. You do not have to be in recovery to be a SMART Recovery facilitator.

IV. Brief Round table Reports

Ashley Bergeon – St. Joseph Task Force – working a lot with at risk kids through mentoring; doing some after school presentations. She has been focusing on underage drinking and marijuana.

Angie Gullekson – Continues doing a Life Skills program in two schools in Pontiac.

LTBB – Angie Woodin – using alcohol edu in a high school. About a100 kids went through the program. Tomorrow another school will be doing it. Alcohol Edu is an evidence based program they found through NREPP.

Mark/Linda – CARE of SEM. Several town hall meetings are being planned. Focus is on Rx drugs. Working on tobacco vendor education. There are 10 drop off locations for Rx drugs in Macomb County.

EJ McAndrew – Is putting together a vendor education packet for retailers and is looking for retailers to support the packet because it costs money. One of the pieces in the packet is “Top 10 Ways to Prevent Selling to Underage Kids.” Used or adapted some of the information from Ottawa County. An annual letter was sent to juniors and seniors in the county from the prosecutor. The letter is sent out before prom. The MCRUD parent-pledge card and a 5 question survey will be included in the mailing. Working on Rx drug prevention. The dvds that C.A.S.S. created are back from GRIID. One school presented to their school board. Working on other presentations to the community.

Lisa Coleman – one community in Genesee County is implementing a safe homes initiative. Youth coalition is doing a presentation for NIDA Drug Facts Week.

Sarah Derwin – Marquette. Our coalition is working on a member survey, kind of like a swot analysis. The coalition has been running 15 years strong. In 2012 the community got some m rx drug containers and the coalition is still working on the best ways to collect the drugs. We are getting a lot of controlled substances off the street.

Angela Wilson – Detroit. Continuing to focus on providing training for their providers. Talking to our providers about outcomes and prevention prepared communities. Planning a big youth conference for late spring / summer.

Danyelle Maitland– working on parenting awareness Michigan initiative. Danyelle reported a 96% alcohol retailer compliance rate. Still working on the Above the Influence campaign.

Janine Kravetz – Bay City. Sent out letters to all retailers that sell tobacco...getting ready for synar. C4P (cited for providing) classes are going on for adults that provide alcohol to minors. Looking to expand the class to include adults that provide medical marijuana to youth. February 16 – 10th annual Red Sock Hop. It's from 8p-12mid. It's a drug free/alcohol free event. Town hall meeting planned for April. CAAPT (Communities Addressing Alcohol Problems Together) committee will be having a float in the St. Patrick's Day parade.

Mike Tobias reported that the Shiawassee Task Force on Prevention (STOP) is planning a photo voice project.

V. Committee Reports & Recommendations

- a. Development - Prevention Network's board retreat is set for April. Will be forming a more formal development committee. The Partner with PN dinner still being planned for September in Traverse City.
- b. MCRUD Policy – Janine and Mike met before the steering committee meeting. The plan is to have the steering committee discuss the policy during the March steering committee meeting.
- c. Executive Committee (EC)
February 26; March 26; April 23. Locations and speakers are still being determined. Linda Zott from CARE offered to host the February 26 meeting and to help identify a speaker. Mike has been talking with Michigan League for Public Policy and Katy Gonzales about presenting at one of our upcoming meetings.

VI. Local/State/National Issues – Michigan's new legislature is in place now. MCRUD continues to look for movement on any ORR recommendations. A few alcohol related bills have been introduced.

VII. New Business – No new business at this time.

VIII. Old Business – No old business at this time.

IX. Resources/Upcoming Conferences – Mike briefly mentioned the resources below.

- SAMHSA Report to Congress on Underage Drinking – November 2012
- January 30 - ICCPUD Webinar /Town Hall Meeting Alert
https://www.stopalcoholabuse.gov/TownHallMeetings/email/2013_01_04.htm
- February 4-7 - CADCA Leadership Forum, National Harbor, MD.
- Feb. 26-27 - 11th Annual Depression on College Campuses Conference – Ann Arbor.
- March 26-28 – Michigan Traffic Safety Summit, East Lansing.
- April 3-5 - Alcohol Policy 16 conference – Washington D.C.
- May 3 - Kent County Prevention Coalition Youth Summit – see attached flyer
- 14th Annual SUD Conference - Sept. 16-17, Traverse City.
- CADCA-Research Into Action – November/December 2012 -College and Community Coordinated Efforts Prevent Alcohol-Related Consequences

11:38am - Motion to adjourn by Tom Fox; seconded by Angela Wilson and unanimously approved.

2/21/13 Minutes respectfully submitted by Mike Tobias.